



INGREDIENTS

150 g Fiorella di Tomino
10 blackberries
1 avocado
Sat, pepper



Fiorella di Tomino Blackberry Avocado Skewers

INSTRUCTIONS

1. Wash the fruit. Cut Fiorella di Tomino and avocado into cubes approximately 2.5 cm on each side.
2. Arrange the blackberries, avocado and Fiorella di Tomino on the skewers.



15 minutes



2 servings



530 kcal
2223 KJ
14.3 g protein
29.3 g fat
3.6 g carbs